

Resources List

Disability Book List (annotated)

Music Books

- General
- Songbooks
- Songs Made into Books
- Books About Singing or Playing Music
- Rhyming Books

Books about Making Instruments

Suggested Recordings List

General Resources

(including suggested software and Web sites)

Resources B

BOOKS FOR YOUNG CHILDREN ABOUT DISABILITIES

General Books for Children about Disabilities and Differences

Brown, Tricia. Someone Special Just Like You. Henry Holt & Co., 1982.

Features children with various disabilities. Great book that also has a great bibliography of other books about children and disabilities.

Bunnett, Rochelle. Friends at School. Star Bright Books, 1996.

Bunnett, Rochelle. Amigos en la Escuela. Star Bright Books, 1996.

Features kindergartners with various disabilities.

Dwight, Laura. We Can Do It! Star Bright Books, 1998.

Dwight, Laura. Nosotros sí podemos hacerlo! Star Bright Books, 1998.

Features children with various disabilities.

Exley, Helen. What It's Like to Be Me. Friendship Press, 1984.

Children from all over the world write about themselves and their disabilities. They tell us how they see themselves and how they want to be seen. All of the illustrations are created by the children.

Morris, Lisa Rappaport and Linda Schultz. Creative Play Activities for Children with Disabilities: A Resource Book for Teachers and Parents. Human Kinetics, 1989.

Contains over 250 games and activities designed to help infants to eight-year-olds with all types of disabilities grow through play.

Rogers, Fred. Extraordinary Friends. Photos by Jim Judkis. Puffin, 2000.

Written for children without disabilities as an introduction to disabilities.

Sheehan, Patty. Kylie's Song. Advocacy Press, 1988.

Kylie is a koala bear who sings, and everyone laughs at her. She leaves home and discovers other animals that sing, and learns from them. When she returns home, everyone loves to hear her sing.

Whitney, Dorothy. Creatures of an Exceptional Kind. Humanics Publishing Group, 1988.

Three animals from the forest are different from the other animals. The story centers around the three animals learning to celebrate their individuality.

AIDS and HIV

Alexander, Earl, Sheila Rudin and Pam Seikora. My Dad Has HIV. Illus. by Ronnie Walter Shipman. Fairview, 1996.

A young girl whose father has the HIV virus learns about the disease and becomes proud of him for his efforts to stay healthy.

Fassler, David and Kelly McQueen. What's a Virus Anyway? Waterfront Books, 1991.

This book is an introduction to AIDS, with illustrations by children.

Merrifield, Margaret, MD. Come Sit By Me. Illus. by Heather Collins. Fitzhenry and Whiteside Limited, 1998.

Karen is in multicultural daycare. One child, Nicholas, is often sick and absent from school and the children find out that Nicholas has AIDS. When Karen's parents hear that Nicholas is being left out by the other children, they help organize a meeting to address the fears of both caregivers and children.

Merrifield, Margaret, MD. Morning Light. Illus. by Heather Collins. Stoddart Kids, 1996.

Max and Maggie's mother has been diagnosed with AIDS. This book deals with feelings about illness and death.

Verniero, Joan C. You Can Call Me Willy: A Story for Children About AIDS. Brunner/Mazel Publishers, 1995.

Willy is an eight-year-old girl with human immunodeficiency virus (HIV). Describing her life, she shares her hobbies, friends, family life and aspects of her medical care and how it impacts her activities.

Asthma and Allergies

Carter, Siri M. and Alden R. I'm Tougher Than Asthma! Illus. by Dan Young. Albert Whitman & Co., 1999.

Siri leads an active life that is interrupted periodically by bouts of asthma. She tells readers about her first attack and what she does to control her disorder. The book shows her with her family and in her everyday life.

Casterline, Charlotte L. My Friend has Asthma. Info-All Book Co., 1985.

This book presents a simplified and basic introduction to living with asthma.

- Casterline, Charlotte L. Sam the Allergen. Info-All Book Co., 1985.
Written in simple language and told from the perspective of Sam, the family pet and allergen, this story helps children and families understand allergies.
- Gosselin, Kim. SPORTSercise! (Special Kids in School). Illus. by Terry Ravanelli. Jayjo Books, 1997.
This is a story about exercise-induced asthma in children. Justin and Ashley's team competes in the school's SPORTSercise competition and try to beat Mrs. Hatfield's team. They learn that even though they have asthma, they can still participate in all sporting activities.
- Gosselin, Kim. Taking Asthma to Camp: A Fictional Story About Asthma Camp. Illus. by Terry Ravanelli. Jayjo Books, 1995.
This book captures the spirit of childhood and illustrates that children living with asthma can have a fantastic fun-filled summer experience while learning valuable information.
- Gosselin, Kim. Taking Asthma to School (Special Kids in Schools). Illus. by Moss Freedman.
This book encourages classmates to view children with asthma as normal kids who just happen to have asthma.
- Gosselin, Kim. The ABC's of Asthma: An Asthma Alphabet Book for Kids of All Ages. Illus. by Terry Ravanelli. Jayjo Books, 1998.
- Gosselin, Kim. Zooallergy: A Fun Story About Allergy and Asthma Triggers. Jayjo Books, 1996.
Justin goes to the doctor to get tested for allergies. Afterwards, he and his friend Ashley go to the zoo. They make a game at the zoo of identifying things that can trigger allergies.
- Kroll, Virginia. Brianna Breathes Easy: A Story About Asthma. Illus. by Jayoung Cho. Albert Whitman & Co., 2005.
Brianna gets the lead in the Thanksgiving school play—she'll be Hero the Hen! This is so exciting she almost forgets about the coughing and breathing trouble she's been having.
- London, Jonathan. The Lion Who Had Asthma. Illus. by Nadine Bernard Westcott. Albert Whitman and Co., 1997.
Sean's nebulizer mask and his imagination aid in his recovery following an asthma attack. Information on childhood asthma and how to control its symptoms is included.
- Nassau, Elizabeth Sussman. The Peanut Butter Jam. Illus. by Margot J. Ott. Health Press, 2001.
This book helps children better understand their peanut allergies.
- Powell, Jillian and Gareth Boden. Zack Has Asthma (Like Me Like You). Chelsea House Publications, 2004.

Smith, Nicole. Allie The Allergic Elephant: A Children's Story of Peanut Allergies. Jungle Communications Inc., 2002.

Rogers, Alison. Luke Has Asthma, Too. Waterfront Books, 1987.

Luke has an older cousin who teaches him about asthma management and serves as a role model.

Ureel, Jessica. The Peanut Pickle: A Story About Peanut Allergy. First Page Publications, 2004.

Young Ben is allergic to peanuts and has to learn to speak up about his allergy so that he can have just as much fun as other kids and still be safe. This book helps to educate children, parents and teachers about peanut allergy awareness.

Weiner, Ellen. Taking Food Allergies to School (Special Kids in School). Illus. by Moss Freedman. Jayjo Books, 1999.

Weitzman, Elizabeth. Let's Talk About Having Asthma (The Let's Talk Library). Hazelden Publishing and Educational Services, 1999.

ADD and ADHD

Carpenter, Phyllis and Marti Ford. Sparky's Excellent Misadventures: My A.D.D. Journal. Illus. by Peter Horius. Magination Press, 2000.

Thoughts and feelings expressed by Sparky are written about in a journal format.

Corman, Clifford L. and Esther Trevino. Eukee: The Jumpy Jumpy Elephant. Illus. by Richard A. DiMatteo. Specialty Press, 1995.

Eukee is a smart little elephant who likes to chase butterflies, blow bubbles and do cartwheels. He always feels jumpy inside, however, and can never finish the march at school. Unhappy that he doesn't have any friends, he consents to a visit to the doctor, where he learns he has ADD.

Galvin, Matthew. Otto Learns About His Medicine: A Story About Medication for Hyperactive Children. Magination Press/Brunner Mazel, 2001.

Otto, a fidgety young car that has trouble paying attention in school, visits a special mechanic who prescribes a medicine to control his hyperactive behavior.

Gehret, Jeanne M. A. Eagle Eyes: A Child's Guide to Paying Attention. Verbal Images Press, 1995.

The child uses his problem of paying too close attention to fine details to find his way out of the woods in order to rescue his dad.

Gordon, Michael. Jumpin' Johnny Get Back to Work!: A Child's Guide to ADHD/Hyperactivity. GSI Publications, 1993.

This is entertaining because it is told with a child's point of view.

Lears, Laurie. Waiting for Mr. Goose. Illus. by Karen Ritz. Albert Whitman & Company, 1999.

Stephen, a boy with ADHD, has a hard time keeping still and he feels as if he can't do anything right. Still, when he spies a goose in trouble, he's able to muster the right amount of patience and know-how to help free it from the chain around its leg.

Moss, Deborah M. Shelley, The Hyperactive Turtle. Illus. by Carol Schwartz. Woodbine House, 1989.

After his mother takes him to the doctor, Shelley the turtle begins to understand why he feels so jumpy and wiggly inside that he can't stay still.

Nemiroff, Marc A., PhD and Jane Annunziata, PhD. Help is on the Way: A Child's Book About ADD. Illus. by Margaret Scott. Magination Press, 1998.

This picture book for children with ADD is both simple and upbeat.

Penn, Audrey. A.D.D. not B.A.D. Child & Family Press, 2003.

Jimmy can't ever sit still in class, and Mr. Jugardor encourages the other students to be tolerant of him. When the children wriggle and jump about after the teacher asks them to put ladybugs down their shirts, they understand what it's like to have A.D.D., just like Jimmy.

Rotner, Shelley. A.D.D. Book For Kids. Milbrook Press, 2000.

This is a picture book designed to give children with attention deficit disorder the words to explain their condition to themselves and to others.

Shannon, David. David Goes to School. Blue Sky Press, 1999.

This is the story of David's first day of school and the trouble he gets into during the day.

Watson, Robyn. The ADDED Touch. Silver Star Publications, 2000.

This book fosters a sense of self-esteem for children with attention deficits.

Zimmatt, Debbie. Eddie Enough! Illus. by Charlotte Murray Fremaux. Woodbine House, 2001.

Meet Eddie Minetti, human whirlwind and third-grader. He thinks, moves and speaks quickly and it often gets him into trouble. This is a book with a happy ending for grade school children with AD/HD, their siblings and playmates.

Autism Spectrum Disorders

Amenta, Charles A. III, MD. Russell Is Extra Special: A Book about Autism for Children. Brunner/Mazel, 1992.

This book about a boy with autism and his family is designed to help children ages four to eight and their parents understand this developmental disorder.

Bishop, Beverly. My Friend With Autism: A Coloring Book for Peers and Siblings. Illus. by Craig Bishop. Future Horizons, 2003.

Bleach, Fiona. Everybody Is Different: A Book for Young People Who Have Brothers or Sisters With Autism. Autism Asperger Publishing Co., 2002.

Day, Alexandra. The Flight of a Dove. Farrar, Straus and Giroux, 2004.

This is the story of Betsy's isolation and alienation as well as her mother's distress. When the dove finally breaks through to Betsy, the illustration captures the magic of the moment.

Edwards, Andreanna and Tom Dineen. Taking Autism to School. Jayjo Books, 2002.

Angel's new classmate, Sam, has autism and Angel is naturally curious about Sam's behavior and responses. In time, Angel learns more about the sensory world as Sam experiences it and how Sam came to be fortunate to be included in her class. She sits next to Louis and wants to get him involved and she finally finds a way in a playground soccer game.

Edwards, Becky. My Brother Sammy. Millbrook Press, 1999.

An older brother learns to understand his younger brother Sammy and his disabilities.

Ely, Lesley. Looking After Louis. Illus. by Polly Dunbar. Albert Whitman & Co., 2004.

This look at inclusion is told from the point of view of a little girl who sits next to Louis, who repeats words he hears and has little interaction with his peers. One day, after he shows interest in playing soccer with a classmate, Miss Owlie allows both of them to go outside and play during the afternoon.

Gartenberg, Zachary M. Mori's Story: A Book About a Boy With Autism. Photos by Jarry Gay. Lerner Publishing Group, 1998.

Zachary's explanation of why Mori is not living at home with his family could be helpful to other siblings of children with disabilities who have had to be placed in a residential setting.

Gilpin, R. Wayne. Little Rainman. Future Horizons, 1996.

Little Rainman is a picture book written by a mother as if her child is speaking. It describes how a child with autism feels about his environment and its sensory challenges.

Blind and Low Vision

Alder, David A. A Picture Book of Louis Braille. Illus. by John Wallner and Alexandra Wallner. Holiday House, 1998.

Alexander, Sally Hobart. Mom Can't See Me. Photos by George Ancona. Macmillan Publishing Co., 1990. The story is about the life of a girl's mother who is blind.

Alexander, Sally Hobart. Mom's Best Friend. Photos by George Ancona. Simon and Schuster, 1992. The mother from 'Mom Can't See Me' loses her seeing eye dog and adjusts to Ursula, the new seeing eye dog that she receives.

Archambault, John and Ted Rand. Knots on a Counting Rope. Illus. by Bill Martin Jr. Henry Holt and Co., 1997.

Near a campfire under a canopy of stars, a Navaho Indian boy hears the tale of his birth from his grandfather. Named Boy-Strength-of-Blue-Horses, the child later needs that well of strength to deal with the fact that he is blind. This is a rich tale of intergenerational love and respect.

Beatty, Monica Driscoll. Blueberry Eyes. Illus. by Peg Michel. Health Press, 1996.

This is a story which tells of a young child's eye treatment, from glasses to surgery.

Brimner, Larry Dane. The Sidewalk Patrol. Illus. by Christine Tripp. Children's Press, 2002.

Abby and her friends take time to move some bicycles so that their neighbor who is blind can walk on the sidewalk.

Brown, Marc Tolon. Arthur's Eyes. Little Brown and Co., 1986.

Arthur can't see, but he has to get glasses. He gets teased for wearing his new glasses, but comes to the conclusion that it is better to wear them.

Carrick, Carol. Melanie. Illus. by Alisher Dianov. Clarion Books, 1996.

In this original fairy tale, a grandfather sets off on a dangerous journey through the Dark Forest. When he doesn't return, Melanie goes after him, and although she can't see, she uses her other senses to save him.

Carter, Alden R. Seeing Things My Way. Illus. by Carol S. Carter. Albert Whitman & Company, 1998.

Cohen, Miriam. See You Tomorrow, Charles. Bantam Books, 1997.

Charles, the new boy in the first grade, is blind. He learns to get along with his classmates and even helps them get out of trouble.

- Condra, Estelle. See the Ocean. Illus. by Linda Crockett-Blassingame. Ideals Publications, 1994.
This is a story about a little girl and her family and their annual visits to the beach. One year it is very foggy and the boys cannot see the ocean, but Nellie announces that she can see it and describes it as a man with a white beard and feet made of shells. Their mother tells the boys that their blind sister can see with her mind.
- Davidson, Margaret. Louis Braille, The Boy Who Invented Books For The Blind. Illus. by Janet Compere. Scholastic Paperbacks, 1991.
- Davis, Patricia Anne. Brian's Bird. Illus. by Layne Johnson. Shen's Books, 2000.
- Duffield, Katy S. Farmer McPeepers and His Missing Milk Cows. Illus. by Steve Gray. Rising Moon Books, 2003.
A crafty herd of cows borrows Farmer McPeepers' eyeglasses so that they can have a day on the town.
- Edwards, Nicola. My Friend Is Blind. Chrysalis Education, 2004.
This simple Braille and print book to be shared by blind and sighted readers is unique.
- Fort, Patrick. Redbird. Orchard Books, 1988.
This is a simple Braille and print book to be shared by blind and sighted readers.
- Fraustino, Lisa Rowe. The Hickory Chair. Illus. by Benny Andrews. Arthur A. Levine Books, 2001.
This story is about a boy and his grandfather, who is blind. It portrays a close, loving relationship between the two and explains in a very simple and positive way how the grandfather perceives the world without his visual sense.
- Hermann, Bill and Helen. Jenny's Magic Wand. Franklin Watts, 1988.
Jenny, who is blind, learns to adapt to her new environment and schoolmates.
- Karim, Roberta. Mandy Sue Day. Illus. by Karen Ritz. Clarion Books, 2003.
The story follows Mandy Sue during an autumn day on the farm as she spends time with her horse and does things many children might enjoy. Only at the story's close, when her little brother offers her a flashlight, do we realize she's blind.
- Keats, Ezra Jack. Apartment 3. Viking Children's Books, 1999.
Sam and his brother Ben seek the source of the music in their apartment building. It's coming from the man in Apartment 3. They discover he is blind and make friends with him.
- Litchfield, Ada Bassett. A Cane in Her Hand. Albert Whitman & Co., 1987.
A young girl finds a way to cope with her failing vision.

- MacLachlan, Patricia. Through Grandpa's Eyes. Harper Trophy, 1983.
A young boy learns about how his grandpa, who is blind, does things.
- McGinty, Alice B. Guide Dogs: Seeing for People Who Can't (Dogs Helping People). PowerKids Press, 1999.
- McMahon, Tom. Orient: Hero Dog Guide of the Appalachian Trail. Illus. by Erin Mauterer. WRS Group, 1995.
This book tells the story of the first blind person to hike the Appalachian Trail.
- Moon, Nicola. Lucy's Picture. Illus. by Alex Aylife. Dial Books, 1995.
When Lucy's class gets ready to do some painting, Lucy asks to work instead on a collage for her grandfather. She rummages amid cloth scraps for the perfect items. At the end of the day her mother and grandfather come to meet her and the special reason for making a textured piece of art is revealed as we learn that her grandfather is blind.
- Moore, Eva. Buddy: The First Seeing Eye Dog, (Level 4) (Hello Reader). Illus. by Don Bolognese.
- Newth, Philip. Roly Goes Exploring: A Book for Blind and Sighted Children, in Braille and Standard Type, With Pictures to Feel As Well As See. Philomel Books, 1981.
- O'Neill, Linda. Being Blind. Rourke Publishing, 2000.
This book explains what it is like to be blind and how blind people can use Braille, guide dogs, canes and other aids to live independent lives.
- Pearson, Susan. Happy Birthday Grampie. Dutton Children's Books, 1987.
Martha's grandfather is blind, and it's his 89th birthday. Martha has saved money in an empty cigar box for her grandfather's birthday present and she has prepared a special card for him with felt letters on it, so that he'll be able to "read" it. He traces the letters, "Happy Birthday Grampie. I love you," with his fingers.
- Purkapile, Susan. Otto the Blind Otter. Illus. by Barbara Ducommun. Guest Cottage Inc., 2004.
Otto's brothers don't want to play with him because he is blind, until the day that he saves them from a falling tree.
- Rau, Dana Meachen. The Secret Code. Children's Press, 1998.
Oscar, a blind boy, explains to his classmates that his books are not written in secret code, but in Braille. The Braille alphabet is illustrated so that sighted children can learn to recognize the letters and decipher a note that Oscar sends to a friend.

Rodriguez, Bobbie. Sarah's Sleepover. Illus. by Mark Graham. Viking Books, 2000.

Sarah loves it when her five girl cousins, whom she recognizes by their voices and their footsteps, come to stay. While the parents are visiting a neighbor, the lights go out, and Sarah finds that her blindness helps her to recognize sounds that frighten her cousins and to lead the other girls downstairs so their parents can be called.

Rossiter, Nan Parson. Rugby and Rosie. Dutton Children's Books, 1997.

Schaefer, Lola M. and Gail Saunders-Smith. Some Kids Are Blind (Understanding Differences). Capstone Press, 2000.

Each page shows a child interacting with other youngsters.

Smith, Christopher Darnell & Dorothy L. The Land of the Lullaby. Illus. by Ryan Haralson. Seemann Press, 2003.

Youngsters will easily identify with the trio of insect-heroes. Their story offers insights about teamwork, strengths and talents that compensate for disabilities. The inclusion of Braille will make it as much for sighted kids as for those who are Braille users.

Strom, Maria Diaz. Rainbow Joe and Me. Sagebrush, 2002.

Mama tells Eloise not to bother Joe when the two talk on the front steps, but Eloise loves to tell her elderly friend about her paintings. Far from being bothered, the blind man she calls Rainbow Joe loves to listen. Rainbow Joe sees colors in his head and plays them on his saxophone.

Whelan, Gloria. Hannah. Random House, 1993.

In this book, set in 1887, Hannah, a nine-year-old, is isolated and pitied by her family because she is blind. Then a new teacher comes to visit and convinces her parents to let her attend a special school.

Yolen, Jane. The Seeing Stick. T.Y. Crowell Co., 1977.

This story is done in fairy-tale style about a Chinese princess who receives the special gift of sight from an old man.

Cancer

A Day With Dr. Waddle. KSU Center for Basic Cancer Research, 1988.

Children, just like adults, often have questions about cancer, particularly when the illness is in their own family. This book helps them understand more about what is happening.

Amadeo, Diana M. There's a Little Bit of Me in Jamey. Albert Whitman & Co., 1995.

Brian's brother Jamey has leukemia and submits to a bone marrow test, which leads to a transplant.

Because Someone I Love Has Cancer: Kids' Activity Book. American Cancer Society, 2002.

Blake, Claire and Eliza Blanchard and Kathy Parkinson. Paper Chain. Health Press, 1998.

This is a story about Marcus and Ben, whose mother has breast cancer and undergoes surgery, chemotherapy and radiation. Simple explanations of these procedures are given in a matter-of-fact but gentle and positive tone.

Carney, Karen L., What Is Cancer Anyway?: Explaining Cancer to Children of All Ages.

The two friendly main characters explain cancer in a calm and easy-to-understand way.

Frahm, Amelia. Tickle Tabitha's Cancer-tankerous Mommy. Illus. by Elizabeth Schultz. Nutcracker Publishing, 2001.

Cancer treatments make her mother's hair fall out and worse still, the treatment makes her tired and irritable. Tabitha misses their warm tickle games. When her father sees this, he uses love and humor to help provide support.

Gaes, Jason. My Book for Kids With Cansur: A Child's Autobiography of Hope. Melius Publishing, Inc., 1988.

Jason writes about his two-year experience with cancer and gives information and advice to other children with cancer.

Krisher, Trudy. Kathy's Hats: A Story of Hope. Albert Whitman & Co., 1992.

Kathy's love of hats helps her cope with hair loss caused by chemotherapy for her cancer.

Schulz, Charles M. Why, Charlie Brown, Why?: A Story About What Happens When a Friend Is Very Ill. Ballantine Books, 2002.

This book helps children to understand what happens when someone they love is sick.

Cerebral Palsy

Anderson, Mary Elizabeth and Tom Dineen. Taking Cerebral Palsy to School. Jayjo Books, 2000.

Even though Chad has cerebral palsy, he can still attend school and do many of the same things as his classmates. Written from Chad's perspective, this book answers many of the questions his classmates have but may be too scared or uncomfortable to ask.

De Bear, Kirsten. Be Quiet, Marina! Photos by Laura Dwight. Star Bright Books, 2001.

A girl who has cerebral palsy befriends a girl who has Down syndrome.

Fassler, Joan. Howie Helps Himself. Albert Whitman & Co., 1987.

A boy with cerebral palsy uses a wheelchair and learns to be more independent.

Heelan, Jamee Riggio and Nicola Simmonds. Rolling Along: The Story of Taylor and His Wheelchair. Peachtree Publishers, 2000.

Taylor, a young boy with cerebral palsy, describes his disability, aspects of his daily activities at home and at school and his desire for independence.

Holcomb, Nan. Andy Opens Wide. Illus. by Dot Yoder. Turtle Books, 1990.

Andy, who is five and has cerebral palsy, has difficulty opening his mouth at mealtime, until his frustration leads to a discovery.

Holcomb, Nan. Danny and the Merry-Go-Round. Jason and Nordic, Publishers, 1987.

Danny, who has cerebral palsy, visits the park with his mother and watches other children playing on a playground. He makes friends with a young girl after his mother explains cerebral palsy to her and points out that it is not contagious.

Lears, Laurie. Nathan's Wish: A Story About Cerebral Palsy. Illus. by Stacey Schuett. Albert Whitman & Co., 2005.

Nathan lives next door to Miss Sandy, a raptor rehabilitator who takes care of injured birds of prey, like owls and hawks. Nathan wishes he could help Miss Sandy with some of her chores, but he uses a wheelchair because of cerebral palsy. Then Fire, an owl with a broken wing, comes to Miss Sandy. Fire is desperate to fly but on the day Fire tries to fly, she cannot do it. Nathan searches for a way to help Fire, not realizing that what he finds will help transform his life as well.

Moran, George. Imagine Me on a Sit Ski! Illus. by Nadine Bernard Westcott. Albert Whitman, 1994.

Billy, who has cerebral palsy, and his classmates who have disabilities learn how to ski using adaptive equipment.

Communication Disorders

Andrews, Ted. Dream Song of the Eagle. Illus. by Deborah Hayner. Hampton Roads Publishing Company, 2002.

A girl who is mute and a boy who is clumsy are outcasts and shunned among their home village. They retreat to a secret shelter in the woods and care for animals who come to them. Then one

day an injured eagle changes everything forever in this fairytale for young readers.

Elbling, Peter. Aria. Illus. by Sophy Williams. Viking Children's Books, 1994.

Young Aria is taunted by the children in her village because she cannot speak, and so she runs away to the jungle and lives with the birds. She weaves herself a cape from their fallen feathers and warns them of danger whenever hunters approach. When the birdsellers gang up to attack Aria, her friends surround her and sweep her to safety high above the trees.

Lears, Laurie. Ben Has Something to Say. Illus. by Karen Ritz. Albert Whitman and Co., 2000.

Ben, a boy who stutters, befriends a junkyard dog. He finally gets the courage to ask the negligent owner if he can buy the dog. This book also contains a list of resources on stuttering.

Salus, Diane. Understanding Katie. Selective Mutism Anxiety Research and Treatment Center, 2003.

This book tells the story of a little girl who is selectively mute. It chronicles how she feels, how she acts and how her parents and teachers work to help her.

Schaefer, Charles E., PhD. Cat's Got Your Tongue? Brunner/Mazel, 1992.

Anna chooses not to talk when she enters kindergarten, but then she discovers the pleasures of self-expression in the security of a therapist's office.

Steinsdottir, Kristin. Armann and Gentle. Stuttering Foundation of America, 1997.

A six-year-old boy, Armann, stutters when he is frustrated.

Deaf or Hard of Hearing

Addabbo, Carole. Dina the Deaf Dinosaur. Illus. by Valentine. Hannacroix Creek Books, 1998.

Dina, a dinosaur who is deaf, runs away from home because her parents won't let her learn sign language. She meets an owl, mole and chipmunk who become her friends and help her learn to sign.

Adler, David A. Thomas Alva Edison. Holiday House, 1999.

Thomas Edison, who was deaf, invented many things that shape our lives today.

Aseltine, Lorraine. I'm Deaf and It's Okay (A Concept Book). Albert Whitman & Company, 1986.

A young boy describes the challenges of being deaf and the encouragement he receives from a deaf teenager that he can lead an active life.

Heelan, Jamee Riggio. Can You Hear a Rainbow?: The Story of a Deaf Boy Named Chris. Peachtree Publishers, 2002.

Chris explains how he uses sign language, hearing aids, lip reading and other visual clues. He compares himself to both a hearing friend and a deaf one, pointing out similarities and differences.

- Hodges, Candri. When I Grow Up. Illus. by Dot Yoder. Jason & Nordic Publishers. 1994.
Jimmy, who was deaf, attends Career Day where he meets deaf adults with interesting careers, who communicate using sign language. Included are diagrams illustrating signs for some words in the text.
- Levi, Dorothy Hoffman. A Very Special Friend. Gallaudet University Press, 1989.
Frannie, a lonely little girl, discovers a new friend when a deaf girl her age moves in next door.
- Levi, Dorothy Hoffman. A Very Special Sister. Gallaudet University Press, 1992.
Mixed feelings are experienced by Laura, a young deaf girl, upon finding out that her mother will soon give birth. Her initial excitement is displaced by worries that the new child, if able to hear, would be more lovable.
- Lakin, Pat. Dad and Me in the Morning. Concept Books, 1994.
A boy and his father go for a special morning walk. The boy wears hearing aids, but he and his father have many ways of communicating.
- Lee, Jeanne M. Silent Lotus. Sunburst, 1994.
A little Cambodian girl named Lotus is deaf and does not speak. By building on the gestures she develops to communicate with her family, she eventually becomes a dancer for the king.
- Litchfield, Ada Bassett. A Button in Her Ear. Albert Whitman & Company, 1976.
This is a book to help children understand what a hearing aid is and why some children need one.
- Lowell, Gloria Roth. Elana's Ears, or How I Became the Best Big Sister in the World. Illus. by Karen Stormer Brooks. Magination Press, 2000.
- Ludy, Mark. The Grump. Peek-A-Bookpress, Inc., 2000.
The wealthy Mr. McCurry Brogan Howlweister has long been referred to as "the Grump." The streets clear on Thursday when he does his weekly shopping at the store run by the parents of Lydia, a little girl who was deaf. One by one, small gifts arrive on the Grump's doorstep. He catches Lydia leaving the third gift, her beloved doll, and is reformed.
- MacKinnon, Christy. Silent Observer. Gallaudet University Press, 1993.
Christy MacKinnon is a young girl born in 1889 on a farm on Cape Breton Island, Nova Scotia, Canada, who became deaf after having whooping cough. She describes her life in adjusting to deafness, her relationships with family, and her problems in trying to understand and be understood by hearing individuals.
- Millman, Isaac. Moses Goes to School. Frances Foster Books, 2000.

Millman, Isaac. Moses Goes to the Circus. Farrar, Straus and Giroux, 2003.

Millman, Isaac. Moses Sees a Play. Farrar, Straus and Giroux, 2004.

These stories are about Moses' experiences at the public school for children who are deaf and about his activities with his school friends. The text includes American Sign Language signs.

Okimoto, Jean D. A Place For Grace. Econo-Clad Books, 1999.

Grace is a dog who is too small for seeing eye dog school. After saving a child, she enrolls in hearing dog school. This story follows her ups and downs at school and tells how she finally manages to graduate.

Peter, Diana. Claire and Emma. John Day Publishers, 1977.

A story with photos of two sisters, who are hard of hearing, enjoying life as other children do.

Peterson, Jeanne Whitehouse. I Have a Sister—My Sister Is Deaf. Illus. by Deborah Kogan Ray. Harper Trophy, 1984.

Powell, Jillian. Jordan Has A Hearing Loss (Like Me Like You). Illus. by Gareth Boden. Chelsea House Publications, 2004.

Riski, Maureen C. Patrick Gets Hearing Aids. Illus. by Kim and Nikolas Klakow. Phonak, 1994. The book explains what a hearing aid does for children who are hard of hearing.

Starowitz, Anne Marie. The Day We Met Cindy. University Press, 1988.

A first grade class is introduced to hearing loss and sign language by the hard of hearing aunt of one of the students.

Wahl, Jan. Rosa's Parrot. Illus. by Kim Howard. Charlesbridge Publishing, 1999.

A mischievous parrot wreaks havoc when he plays a trick on his hard of hearing owner in this jaunty tale of friendship and forgiveness.

Yeatman, Linda. Buttons: The Dog Who Was More Than a Friend. Illus. by Hugh Casson. Barrons Educational Series, Inc., 1988.

After becoming separated from his human family, a mother and little boy who are both deaf, a puppy is trained as a hearing ear dog and is eventually reunited with his owners.

Zelonky, Joy. I Can't Always Hear You. Raintree Steck-Vaughn Publishers, 1994.

When Kim, a girl who is hard of hearing, begins going to a regular school after having been in a special one, she finds that she isn't as different as she had feared, because everyone she meets has individual differences too.

Books Which Teach or Use Sign Language

- Ancona, George. Handtalk School. Illus. by Mary Beth Miller. Simon & Schuster Children's Publishing, 1991.
- Ancona, George. Handtalk Zoo. Illus. by Mary Beth Miller. Aladdin, 1996.
- Ancona, George, Remy Charlip and Mary Beth Miller. Handtalk: An ABC of Finger Spelling and Sign Language. Simon and Schuster, 1974.
A beginner's book to sign language.
- Ancona, George, Remy Charlip and Mary Beth Miller. Handtalk Birthday: A Number and Story Book in Sign Language.
A birthday story with written English and photos of people doing sign language.
- Bahan, Ben and Joe Dannis. Signs For Me: Basic Sign Vocabulary for Children, Parents and Teachers. Dawn Sign Press, 1990.
This book contains more than 300 essential signs, their English equivalents and a picture "translation."
- Bednarczyk, Angela and Jane Weinstock. Happy Birthday!: A Beginner's Book of Signs. Illus. by Barbara Lipp. Photos by Peter Brandt and Tony Pemberton. Star Bright Books, 1997.
- Bednarczyk, Angela and Jane Weinstock. Opposites: A Beginner's Book of Signs. Photos by Tony Pemberton. Star Bright Books, 1997.
For younger children, these two books include line drawings of signs that go with the illustrations.
- Bornstein, Harry. Nursery Rhymes from Mother Goose: Told in Signed English. Kendall Green, 1992.
Nursery rhymes are accompanied by easy-to-follow instructions for making simple signs in Signed Exact English.
- Bove, Linda. Sesame Street Sign Language Fun. Random House Books for Young Readers, 1980.
This is a basic beginning sign book for young children.
- Collins, S. Harold. An Alphabet of Animal Signs (Beginning Sign Language Series). Illus. by Kathy Kifer. Garlic Press, 2001.
- Collins, S. Harold. Signing at School (Beginning Sign Language Series). Illus. by Kathy Kifer. Garlic

Press, 1992.

Collins, S. Harold and Kathy Kifer. Songs in Sign (Beginning Sign Language Series). Illus. by Dahna Solar. Garlic Press, 1995.

Flodin, Mickey. Signing for Kids. Sagebrush, 1991.

Flodin, Mickey. Signing is Fun. Perigee Trade, 1995.

Greenberg, Judith. What Is the Sign for Friend? Franklin Watts, 1985.

A story with photos showing Shane, who is hard of hearing, as he is accepted into the classroom.

Holab, Joan. My First Book of Sign Language. Troll Association, 1996.

This beginner's guide to fingerspelling and sign language contains the sign for each letter of the alphabet along with signs for words that begin with each letter.

Michel, Anna. The Story of Nim the Chimp Who Learned Language. Alfred A. Knopf, 1980.

Nim is a chimpanzee who learned sign language.

Newby, Robert. Sleeping Beauty: With Selected Sentences in American Sign Language (American Sign Language Series). Gallaudet University Press, 1992.

Petelinsek, Kathleen and Russell Primm. Home/Casa (Talking Hands, Listening Eyes). Illus. by Katie Opseth. Child's World, 2004.

These authors have done a number of books which include signs in English, Spanish, and American Sign Language, of which this is one book. The clean, open format features a word printed in English and Spanish in large, clear type, matched with a related color photograph.

Other books in the series are on food, colors and shapes, animals, feelings and so on.

Rankin, Laura. The Handmade Alphabet. Puffin, 1996.

Slier, Debby. Animal Signs: A First Book of Sign Language. Gallaudet University Press, 1995.

Slier, Debby. Word Signs: A First Book of Sign Language. Gallaudet University Press, 1995.

Vaughan, Marcia. Jungle Parade: A Signing Game. Harpercollins College Division, 1996.

Wheeler, Cindy. Simple Signs. Puffin, 1997.

Wheeler, Cindy. More Simple Signs. Viking Children's Books, 1998.

Deaf and Blind

Adler, David. A Picture Book of Helen Keller. Holiday House, 1992.

Helen Keller's life is described in this pictorial biography. It tells of her frustration and untamed behavior and the radical changes effected by Anne Sullivan Macy.

Lakin, Patricia. Helen Keller and the Big Storm. Illus. by Diana Magnuson. Aladdin, 2002.

Helen Keller cannot see or hear. But that does not stop her from playing tricks on people, including her new teacher, Annie Sullivan. Still, Annie will not give up on Helen. Can Helen ever learn to trust her teacher?

Lundell, Margo. A Girl Named Helen Keller: Una Nina Llamada Helen Keller. Illus. by Irene Trivas. Scholastic en Espanol, 2003.

Here is an easy-to-read version of the story of Helen Keller, the deaf and blind girl who learned to read, write and speak with the help of her teacher, Anne Sullivan.

McMahon, Patricia. Listen For the Bus: David's Story. Boyds Mills Press, Inc., 1995.

This is the story and photos of David who is blind and hard of hearing.

Diabetes

Betschart, Jean. A Magic Ride in Foozbah-Land: An Inside Look at Diabetes. Illus. by Jackie Urbanovic. John Wiley & Sons, 1995.

This book explains what diabetes is to young children.

Block, Jed. The Best Year of My Life, Book 1: Getting Diabetes. Illus. by Caitlin Block. Jed Block, 1999.

Seven-year-old Caitlin writes about being newly diagnosed with diabetes.

Gosselin, Kim. Rufus Comes Home. Illus. by Terry Ravanelli. Jayjo Books, 1998.

When Brian finds out he has diabetes his mother decides to get a stuffed bear for Brian. She sews special patches on the same areas where Brian gets his insulin shots and puts hearts on the paws where Brian gets his fingers pricked for glucose testing. Brian now has his own "diabetic" bear with which to share his fears and experiences.

Gosselin, Kim. Taking Diabetes to School (Special Kids in School). Illus. by Moss Freedman. Jayjo Books, 1998.

Mazur, Marcia Levine, Peter Banks and Andrew Keegan. The Dinosaur Tamer: And Other Stories for Children with Diabetes. American Diabetes Association, 1996.

This is a collection of twenty-five stories portraying children with diabetes doing usual things such as expressing their emotions, coping with difficulties and having fun.

Mulder, Linnea. Sarah and Puffle: A Story for Children About Diabetes. Illus. by Joane H. Friar. Magination Press, 1992.

In this book there is basic information on diabetes written in language appropriate for young children.

Pirner, Connie White. Even Little Kids Get Diabetes. Illus. by Nadine Bernard Westcott. Albert Whitman & Co., 1994.

A young girl describes her life with diabetes.

Powell, Jillian. Becky Has Diabetes (Like Me Like You). Illus. by Gareth Boden. Chelsea House Publications, 2004.

Sheppard, Dana. Life With Diabetes: Lacie the Lizard's Adventure. Illus. by Troy Jones. Critters, 2004.

This book is an entertaining and informational book about Type I or Juvenile Diabetes. The book is intended to help children and their parents understand what to expect from diabetes and, more importantly, to understand they can live a normal, long life by taking proper care of themselves.

Stern, Rochelle L. Can Mom Have a Piece of My Birthday Cake? Illus. by Rosalind Orland. Word Association Publishers, 2002.

Diabetes is explained in language that is both simple and reassuring in this story as it follows seven-year-old Abigail Ruby in her quest to understand her mom's diabetes.

Stern, Rochelle L. Cooper Has Diabetes. Illus. by Rosalind Orland. Pritchett & Hull Associates, Inc., 2003.

Down Syndrome

Cairo, Shelley, Jasmine, and Tara. Our Brother Has Down's Syndrome. Firefly Books, 1988.

The siblings of a boy with Down syndrome write about their life with their brother.

Carter, Alden R. Big Brother Dustin. Albert Whitman & Co., 1997.

Dustin, a young boy with Down syndrome, learns that his parents are expecting a baby.

Carter, Alden R. Dustin's Big School Day. Albert Whitman & Co., 1999.

Dustin, a second-grader with Down syndrome, goes through his normal school routine while anxiously awaiting the visit of a ventriloquist at the end of the school day.

De Bear, Kirsten. Be Quiet, Marina! Photos by Laura Dwight. Star Bright Books, 2001.

A girl who has cerebral palsy befriends a girl who has Down syndrome.

Fleming, Virginia. Be Good to Eddie Lee. Philomel Books, 1993.

Eddie Lee, a young boy with Down syndrome, follows the neighborhood children into the woods to find frog eggs. At first they don't accept him, but then he makes the best find of all.

Girnis, Margaret. ABC for You and Me. Photos by Shirley Leamon Green. Albert Whitman & Company, 2000.

Girnis, Margaret & Meg. 1 2 3 For You and Me. Illus. by Shirley L. Green. Photos by Shirley Leamon Green. Albert Whitman & Company, 2000.

These alphabet and number books use photographs of children with Down syndrome. At times the models pose with siblings. Children with Down syndrome will enjoy seeing themselves reflected in these books.

Gregory, Nan. How Smudge Came. Illus. by Ron Lightburn. Walker and Co., 1997.

This is a story of how Cindy, who has Down syndrome, found her puppy Smudge.

Jansen, Larry. My Sister Is Special. Standard Publishers, 1988.

An older brother learns how to care for his little sister who has Down syndrome.

Pitzer, Marjorie W. I Can, Can You? Woodbine House, 2004.

This is a board book with color photos of children with Down syndrome and variations on "I can.... Can you?" The youngsters are all actively engaged: feeding themselves, playing with blocks, swimming, happy and enjoying their newfound abilities.

Powell, Jillian. Luke Has Down's Syndrome (Like Me Like You). Illus. by Gareth Boden. Chelsea House Publications, 2004.

Rabe, Berniece. Where's Chimpy? Albert Whitman & Co., 1991.

Misty, who has Down syndrome, has lost her favorite stuffed animal and reviews her daily activities with her father to find it. No special mention of Down syndrome is made.

Rickert, Janet Elizabeth. Russ and the Apple Tree Surprise (Day with Russ). Woodbine House, 1999.

Rickert, Janet Elizabeth. Russ and the Firehouse (Day with Russ). Woodbine House, 2000.

Russ is a young boy with Down syndrome whose everyday life experiences—not his disability—are the subject of a number of books in this series. Russ going "on-duty" with his uncle, a fireman, finding that apple trees are great for pies and other everyday experiences are written by his mother and illustrated with photographs of his activities.

Shriver, Maria. What's Wrong With Timmy? Illus. by Sandra Speidel. 2001.

When Kate meets Timmy, who seems somehow different, she talks with her mom. Kate begins to understand that Timmy is just like her in many ways. Timmy has special needs; he takes longer to learn than Kate and can't walk or run as well. But he also loves his family, he wants friends, he goes to school and he dreams about what he wants to be when he grows up. Kate and Timmy become friends.

Stuve-Bodeen, Stephanie. We'll Paint the Octopus Red. Woodbine House, 1998.

An older sister realizes that she can still do all the things she'd planned to do with her new baby brother, even though he has Down syndrome.

Testa, Maria. Thumbs Up, Rico! Albert Whitman & Co., 1994.

This book includes three short stories about a boy with Down syndrome. One story features his drawing skills.

Woloson, Eliza. My Friend Isabelle. Illus. by Bryan Gough. Woodbine House, 2003.

This is a little book that teaches about difference and acceptance. Isabelle and Charlie are the same age, but like most friends, they are different: Charlie is tall and knows "a lot of words," and Isabelle is short and sometimes her words are, "hard to understand." But still they are good friends.

Epilepsy

Gordon, Melanie Apel. Let's Talk About Epilepsy (The Let's Talk Library). PowerKids Press, 1999.

Gosselin, Kim. Taking Seizure Disorders to School: A Story About Epilepsy. Jayjo Books, 2002.

This children's book dispels the myths and fears surrounding epilepsy in a positive and entertaining style and explains seizures in an understandable fashion.

Lears, Laurie and Gail Piazza. Becky the Brave: A Story About Epilepsy. Albert Whitman & Co., 2002.

Moss, Deborah M. Lee: The Rabbit with Epilepsy. Woodbine House, 1989.

Lee is a young rabbit who experiences occasional blackouts and trances. After Dr. Bob, the wise owl, administers a series of neurological tests, Lee is told she has epilepsy.

Learning Disabilities and Differences

Cutbill, C. Jean and Diane Rawsthorn. Happy Birthday, Jason. IPI Publishing Ltd., 1984.

This is a story that will help children better understand their world by understanding Jason's. His story reveals that children with learning disabilities are more similar to other children than they are different.

Dwyer, Kathleen M. What Do You Mean I Have a Learning Disability? Walker and Company, 1991.

Ten-year-old Jimmy is having problems at school and believes he is stupid. After a parent-teacher conference, he is tested and found to have a learning disability.

Kraus, Robert. Leo the Late Bloomer. Harper Collins, 1971.

Leo is a tiger cub who just can't keep up with what the other animals are doing. He can't read, write or speak, and he is a sloppy eater. He's a late bloomer.

Lasker, Joe. He's My Brother. Albert Whitman & Co., 1974.

This book describes home and school experiences of a younger brother with learning disabilities.

Schwier, Karin Melberg. Keith Edward's Different Day. Impact Pub, 1992.

Five-year-old Keith Edward, who takes a little longer to learn new things, has an interesting day as he meets people who are different from him in various ways.

Muscular Dystrophy

Osofsky, Audrey. My Buddy. Illus. by Ted Rand. Henry Holt & Co., 1994.

A young boy with muscular dystrophy goes to a special camp where he is paired with an intelligent golden retriever who performs everyday tasks. They are leashed together while the boy learns to give commands and Buddy learns to obey. When they leave camp, the dog is able to help his human friend dress, attend school, shop and play.

Briggs-Bunting, Jane. Llama on the Lam. Black River Trading Co., 2001.

This is a fictional account of a true tale of a runaway llama that becomes the focus of a chase by the authorities assisted by five bright neighborhood youngsters. The chase and capture of the llama tightens the bond between three of the friends, one of whom has Muscular Dystrophy.

Mental Health Disabilities

- Berry, Joy Wilt. Let's Talk About Feeling Sad (Let's Talk About). Illus. by Maggie Smith. Scholastic, 1996.
This is just one of a large number of books from the "Let's Talk About" series by the same author and publisher. Feeling angry or jealous, disobeying, stealing and many other topics are among those subjects addressed, each in their own book.
- Mundy, Michaelene. Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss. Illus. by R.W. Alley. Abbey Press, 1998.
- Niner, Holly L. Mr. Worry: A Story About OCD. Illus. by Greg Swearingen. Albert Whitman & Company, 2004.
Artwork accompanies a quiet story about a young boy trying to overcome the challenges of obsessive-compulsive disorder (OCD) in his daily life.
- Pinkwater, Daniel. Uncle Melvin. MacMillan Publishing Company, 1989.
Charles enjoys spending time with his gentle Uncle Melvin, even though Melvin harbors strange delusions about his own power to talk to the birds or control the rain and is not like other adults.
- Talley, Leslie. A Thought Is Just A Thought: A Story of Living with OCD. Lantern Books, 2004.
This is the first book for children and parents that confronts OCD. The kind Dr. Mike helps Jenny overcome her fears.
- Wagner, Aureen Pinto. Up and Down the Worry Hill: A Children's Book about Obsessive-Compulsive Disorder and its Treatment. Illus. by Paul A. Jutton. Lighthouse Press, Inc., 2004.

Mental Retardation and Developmental Disabilities

- Hasler, Eveline. Martin Is Our Friend. Otto Maler Verlag Rosensburg, 1977.
A beautifully illustrated story about a boy who has a mental disability and how he learns to relate to others through his friendship with a horse.
- Kraus, Robert. Leo the Late Bloomer. Harper Collins, 1971.
Leo is a tiger cub who just can't keep up with what the other animals are doing. He can't read, write or speak, and he is a sloppy eater; he's a late bloomer.
- Litchfield, Ada B. Making Room for Uncle Joe. Illus. by Gail Owens. Albert Whitman & Co., 1984.
When the state institution closes, Uncle Joe will move to Dan's house. Dan and his family are apprehensive about a relative with mental retardation living with them.

O'Shaughnessy, Ellen Cassels. Somebody Called Me a Retard Today... and My Heart Felt Sad. Illus. by David Garner. Walker and Co. Library, 1992.

A girl expresses her sadness at being called a "retard" by people who do not know how loving and self-reliant she is.

Shyer, Marlene. Welcome Home, Jellybean. Econo-Clad Books, 1999.

An older sister, who has mental retardation, comes home from a special school. The book provides a thoughtful look at the realities of what's difficult about this for the younger sibling and for the family.

Thompson, Mary. My Brother, Matthew. Woodbine House, 1992.

David is a young boy who describes life with his younger brother who was born with a mental disability.

Wright, Betty Ren. My Sister Is Different. Raintree Steck-Vaughn, 1992.

A brother deals with positive and negative feelings about his sister who has mental retardation.

Spina Bifida

Holcomb, Nan. Patrick and Emma Lou. Illus. by Dot Yoder. Jason & Nordic Publishers, 1989.

Despite his excitement over using a new walker, three-year-old Patrick finds it isn't easy and becomes discouraged until his new friend, six-year-old Emma Lou who has spina bifida, helps him discover something important about himself. Sometimes he wonders why they can't be like other kids who walk easily, but then, as Emma Lou says, "Because you're just you, Patrick and I'm just me."

Herrera, Juan Felipe. Featherless/Desplumado. Illus. by Ernesto Cuevas. Children's Book Press, 2004.

In this bilingual book we learn about Tomasito. Unable to walk because of his spina bifida, he feels unconnected in his new school. His father brings him a featherless parrot for company, but the boy doesn't want a bird that looks so different. Eventually, Tomasito finds a place for himself on the soccer field, where he learns that one doesn't necessarily need feathers to fly and that there is more than one way to play soccer.

Senisi, Ellen B. All Kinds of Friends, Even Green! Woodbine House, 2002.

More than just a story about friendship, this book looks at differences - such as being in a wheelchair or missing toes - in a unique way. Through photographs and a story, children discover that living with a disability and facing its challenges can be interesting, even positive. Using a wheelchair because of spina bifida, Moses nevertheless participates in all of the classroom activities.

Physical Disabilities

Asare, Meshack. Sosu's Call. Kane/Miller Book Publishers, 2001.

Sosu is a African boy who cannot walk but whose bravery surpasses his physical limitations. Sosu is shunned, but when storm waters rage one day, Sosu drags himself to the drum shed, where he beats out a rhythm to call the men back from their work. His drumming brings help, and in gratitude for the lives saved, the villagers provide Sosu with a wheelchair.

Barasch, Lynne. Knockin' on Wood: Starring Peg Leg Bates. Lee & Low Books, 2004.

This inspiring biography of Clayton "Peg Leg" Bates, who lost his left leg in a cottonseed mill accident in 1919 at the age of 12, chronicles the man's amazing life from his days as the son of a sharecropper in South Carolina to his rise to fame as a tap dancer.

Bertrand, Diane Gonzales. My Pal, Victor/Mi amigo, Victor (Bilingual). Illus. by Robert L. Sweetland. Trans. By Eida De La Vega. Raven Tree Press, 2004.

Dominic's friend, Victor, may not walk but he's far from disabled. He is not only a source of support but a limit-pushing, life-expanding influence.

Best, Carl. Goose's Story. Illus. by Holly Meade. Farrar, Straus and Giroux, 2002.

When a girl and her dog, Henry, greet the Canada geese as they return in the spring, she notices that one has been injured and is missing a foot. The others in the flock shun the goose, but the child decides to help it. This is a story with a message about accepting others in spite of their differences and helping those who are less able.

Brabham, Barbara Turner. My Mom Is Handicapped: A "Grownup" Children's Book. Cornerstone Publishing, 1994.

A six-year-old boy describes life with his mother, a teacher with physical disabilities.

Carlson, Nancy. Arnie and the New Kid. Puffin Books, 1990.

Philip, a new boy in school, uses a wheelchair and is generally ignored by his classmates because they don't know how to include him in their games. But when Arnie, his main tormentor, falls down the stairs while teasing Philip, the usually able-bodied boy discovers firsthand how hard and slow it is to navigate on crutches. The two develop a friendship as they realize all the things they both enjoy and can share together.

Caseley, Judith. Harry and Willy and Carrothead. Greenwillow, 1991.

Harry, who was born without a left arm, is sure of himself and what he can do and teaches other children to be confident in their differences.

Cosgrove, Stephen. Fanny. Illus. by Robin James. Price Stern Sloan, 2002.

Fanny, a kitten with only three legs, and her friend Ruby, a puppy, help the other farm animals learn that having a disability is only a state of mind.

Cowen-Fletcher, Jane. Mama Zooms. Scholastic Trade, 1996.

This is a wonderful book about a child having fun with his mother in a wheelchair. He uses the rolling motion of the chair to fuel his imagination, placing himself in imaginary planes, boats, etc.

De Anda, Diane and Julia Mercedes Castilla. Dancing Miranda/Baila, Miranda, Baila. Illus by Lamberto Alvarez. Pinata Books, 2001.

Miranda is a gifted dancer. Now that she is about to perform for the first time, Miranda hears her mother telling her instructor how proud she is of her daughter. It seems that her mother had polio as a child and wore heavy leg braces until she was a teen, and that her mother experiences joy watching her.

Emmons, Chip. Sammy Wakes His Dad. Illus. by Shirley Anger. Star Bright Books, 2002.

Sammy's father, who is in a wheelchair, is reluctant to join Sammy in going fishing, until his son's love of the herons, dragonflies and water creatures inspires his father to come out and try fishing with him.

Grundman, Tim. Winter Games (Doug Chronicles). Illus. by Kevin Kobasic. Econo-Clad Books, 2001.

With his leg in a cast, Doug gives up on participating in Bluffington's Winter Games Festival until he realizes, with the help of Patti and her father who uses a wheelchair, that trying is more important than winning.

Harshman, Marc. The Storm. Illus. by Mark Mohr. Cobblehill, 1995.

Jonathan, who uses a wheelchair, faces his fear of tornadoes.

Heelan, Jamee Riggio. The Making of My Special Hand: Madison's Story. Illus. by Nicola Simmonds. Peachtree Publishers, 2000.

This unique book recounts the making of a prosthesis for a girl who was born with one hand. It begins with the visit to the hospital where Madison and her family learn about the different kinds of helper hands.

Hill, Mary. Signs on the Road (Welcome Books: Signs in My World). Children's Press, 2003.

In this book and other in the series, a young boy who uses a wheelchair and his mother drive to different places, observing the various signs on the way including the sign which shows them where to park. Other books take them to the park and to the store.

Hillert, Margaret and Babs Bell. Why, Dainty Dinosaur? Sagebrush, 2001.

A little girl and her imaginary dinosaur friend have fun playing with a new neighbor who has a disability.

Hooks, Gwendolyn. Nice Wheels (My First Reader). Illus. by Renee Andriani. Children's Press, 2005.

Lasker, Joe. Nick Joins In. Albert Whitman & Co., 1980.

Nick, who uses a wheelchair, joins a regular classroom and deals with his classmates' questions.

Mayer, Gina. A Very Special Critter. Golden Books, 1993.

Little Critter discovers that the new boy in class is really not any different from other children, even though he uses a wheelchair.

Meyers, Cindy. Rolling Along with Goldilocks and the Three Bears. Woodbine House, 1999.

This familiar story introduces a wheelchair and an automatic bed used by baby bear, and Goldilocks finds that the cottage has a wheelchair ramp.

Mills, Joanna E. Clifford's Big Red Ideas. Illus. by Josie Yee. Scholastic, 2003.

In this story Clifford, Cleo and T-Bone meet a new dog named K.C. They are shocked to discover that he only has three legs, and they aren't sure what to say, or how to play with him. But K.C. shows them that he's not that different after all!

Muldoon, Kathleen M. Princess Pooh. Illus. by Linda Shute. Concept Books, 1989.

Jealous of her sister's royal treatment as she sits in her wheelchair, Patty Jean tries out the conveyance and discovers that life in a wheelchair is harder than it seems.

Naron, Carol. No Trouble for Grandpa. Raintree Publishers, 1998.

This is a story about a boy worried about sharing his grandpa with his baby sister. Grandpa uses a wheelchair.

O'Neil, Linda. Being Paralyzed. Rourke Publishing, 2000.

Powell, Jillian. Sam Uses A Wheelchair (Like Me Like You). Illus. by Gareth Boden. Chelsea House Publications, 2004.

Powers, Mary Ellen. Our Teacher's in a Wheelchair. Albert Whitman & Co., 1987.

A true story about a class and their male preschool teacher who uses a wheelchair. It's told from the point of view of the children.

Rabe, Berniece. The Balancing Girl. Dutton Publishing Company, 1981.

This is the story of a young girl who uses a wheelchair and who comes up with a way to earn money at the school carnival.

- Resnick, Jane Parker and Frances Hodgson Burnett. Secret Garden. Illus. by Robert Sauber and Frances Hodgson Burnett. Courage Books, 2001.
The language of this classic book is for older children but the format makes the story accessible to pre-readers and early readers.
- Rogers, Fred and Jim Judkis. Extraordinary Friends (Let's Talk About It). Putnam Publishing Group, 2000.
Children who use wheelchairs, communicate via computer screens and have less-visible disabilities go about their daily routines with other children. The well-known Mr. Rogers states simply that all people want to love and be loved and that people are alike even if they have differences. He encourages children to ask questions and to start conversations. He reminds children that sometimes people may not want help, so you should ask first.
- Schaefer, Lola M. and Gail Saunders-Smith. Some Kids Use Wheelchairs (Understanding Differences). Capstone Press, 2000.
Each double-page spread introduces one concept, with a color photograph on the left and one or two simple sentences in large print on the right. Each cover shows a child interacting with other youngsters.
- Stewart, Maddie. Peg (Blue Bananas). Illus. by Bee Willey. Crabtree Publishing Company, 2001.
Peg the hen, who has only one leg, becomes an unusual but much loved mother.
- Swerdlow, Brown. Oliver's High Five. Health Press, 1998.
Oliver, an octopus with only five arms, proves that he's very capable.
- Weaver, Alexis Rae. Hunter Bunny Saves Easter. Illus. by Jennifer M. Kohnke. Golden Bunny Pub., 2001.
Because Hunter Bunny cannot hop like his brothers and sisters, he needs a motorized wheelchair, and Clark the duckling needs glasses. Because of their disabilities they are teased by the other animals. But when the Easter Bunny sprains his ankle, Hunter Bunny and Clark are able to save the day.
- Wenger, Brahm, Alan Green, Jean Gilmore and Christopher Reeve. Dewey Doo-it Helps Owlie Fly Again: A Musical Storybook Inspired by Christopher Reeve. RandallFraser Publishing, 2005.
This is a story about compassion, forming positive connections and the importance of a bright outlook.

Willis, Jeanne. Susan Laughs. Illus. by Tony Ross. Henry Holt and Co., Inc., 2000.

This story follows Susan through a series of familiar activities. She swims with her father, works hard in school, plays with her friends and even rides a horse. Not until the end of the story is it revealed that Susan uses a wheelchair.

Books About Children Dealing With Difficult Situations

Andrews, Beth. Why Are You So Sad? A Child's Book About Parental Depression. Illus. by Nicole E. Wong. Magination Press, 2002.

This is an interactive picture book approach to explaining depression and its treatment in terms and images that kids can readily understand. It reassures children that their parents can get better, explores the many feelings such children usually experience and gives practical ways for children to cope with this situation.

Campbell, Bebe Moore. Sometimes My Mommy Gets Angry. Illus by Earl B. Lewis. Grosset & Dunlap, 2003.

This picture book tells about a young girl living with a mother who is mentally ill. When Mommy yells, Annie calls Grandma, who assures her that it isn't her fault. (An introduction for adults talks about bipolar disorder and how to get community help.) The last picture shows loving Mommy the next day as she braids Annie's hair.

Hamilton, Dewitt. Sad Days, Glad Days: A Story About Depression. Illus. by Gail Owens. Albert Whitman & Company, 1995.

This story helps explain depression to children. It tells about the feelings of Amanda, as she experiences her mother's unpredictable episodes of depression. The mother also is clearly upset when she sometimes cannot respond to her child's needs. Her mother and father both help Amanda understand that her mother loves her and that the mother's illness is not Amanda's fault.

Holmes, Margaret M. and Sasha J. Mudlaff. A Terrible Thing Happened – A Story for Children Who Have Witnessed Violence or Trauma. Illus. by Cary Pillo. Magination Press, 2000.

This story is for children who have witnessed any kind of violent or traumatic episode, including physical abuse, school or gang violence, accidents, homicide, suicide and natural disasters such as floods or fire. Sherman Smith saw a terrible thing happen. At first he tried to forget about it, but soon something inside him started to bother him and he felt frightened and angry. Then he met Ms. Maple, who helped him talk about the terrible thing that he had tried to forget. Now Sherman is feeling much better.

Lovell, Cynthia Miller. The Star: A Story to Help Young Children Understand Foster Care. Spartan Graphics, 2005.

This is a simple, colorfully illustrated story, "The Star" is a must for young children and foster parents experiencing foster care for the first time.

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Kate learns acceptance and begins to understand her Grandpa's condition. Kate wonders what can be done to address the changes Alzheimer's will bring to the family. She decides how to help her grandfather as he goes through this difficult time.

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A kind and sensitive school nurse sees that a young victim of child abuse and her abusing mother get help.

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This book describes a young girl whose mother has Hepatitis C. The story does a good job of explaining the illness and showing that the mother loves her child even when she is feeling ill.

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This book introduces the people and procedures involved in foster care. It covers feelings, reactions and concerns of new foster children. Included is an afterward for caregivers.

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Two children have been left alone for days by their mother. Miss Roy is the social worker who eventually takes them to live with their Aunt Gracie who is loving and warm. Toward the end of the book, the children visit their mother, who says, "Even when a mama loves you, she can't always take care of you." The book concludes with the hope that their mother will eventually be able to take care of them again.

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Atkinson, Lisa. The One and Only Me. A Gentle Wind, 1989.

Bartels, Joanie. Bathtime Magic. Discovery Music, 1989.

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Block, Cathy. Timeless. IMI Records, 1994.

Buchman, Rachel. Hello Rachel! Hello Children! Rounder Records, 1988.

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Chapin, Tom. Mother Earth. Sony, 1990.

Chenille Sisters, The. 1-2-3 for Kids. Red House Records, 1989.

Diamond, Charlotte. 10 Carrot Diamond. Hug Bug Records, 1985.

Diamond, Charlotte. Diamond in the Rough. Hug Bug Records, 1986.

Diamond, Charlotte. Diamonds and Dragons. Hug Bug Records, 1988.

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Fink, Cathy and Marcy Marxer. Help Yourself. Rounder Records, 1990.

Fink, Cathy. Grandma Slid Down the Mountain. Rounder Records, 1987.

Fink, Cathy. When the Rain Comes Down. Rounder Records, 1987.

Foote, Norman. If the Shoe Fits. Disney, 1992.

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Multi-Arts Resource Guide and companion videos

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China Trade Center, 2 Boylston Street, 2nd Floor, Boston, MA 02116

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e-mail: vsamass@aol.com

“The Creative Arts Therapies” (catalogue)

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Contemporary Arts Building, 3526 Washington Avenue, Saint Louis, MO 63103-1019

Phone: (800) 543-3771 Fax: (314) 531-8384

e-mail: mmbmusic@mmbmusic.com

Website: www.mmbmusic.com

“Davis Art Education Materials” (catalogue)

Davis Publications, Inc.

50 Portland Street, Worcester, MA 01608

Phone: (800) 533-2847 Fax: (508) 753-3834

Website: www.davis-art.com

“Enabling Devices: Toys for Special Children” (catalogue)
Enabling Devices
385 Warburton Avenue, Hastings-on-Hudson, NY 10706
Phone: (800) 832-8697 Fax: (914) 478-0960
e-mail: customer_support@enablingdevices.com
Website: www.enablingdevices.com

“Kaplan: Concepts for Exceptional Children” (catalogue)
Kaplan
P.O. Box 609, Lewisville, NC 27023-0609
Phone: (800) 334-2014 Fax: (800) 452-7526
e-mail: info@kaplanco.com
Website: www.kaplanco.com

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Software

Baby Einstein (series) available on video, CD or DVD
The Baby Einstein Company
9285 Teddy Lane, Suite 200, Lone Tree, CO 80124
Phone: (800) 793-1454
Website: www.babyeinstein.com

Usborne's "First Thousand Words: In English and Spanish." Scholastic, Inc., 1997.

"The Mozart Effect for Children: Volumes 1, 2 and 3" available as audio recordings
The Children's Group, Inc.
1400 Bayly Street, Suite 7, Pickering, Ontario, L1W3R2, Canada
Phone: (800) 668-0242 Fax: (905) 831-1142
e-mail: lsummers@childrensgroup.com
Website: www.childrensgroup.com

Web Resources

Please visit our Web site for over 1200 internet links to arts and education resources at www.vsarts.org
American Alliance for Theatre and Education: www.aate.com
American Sign Language Browser: www.commtechlab.msu.edu/sites/aslweb/browser.htm
Barahona Center for the study of Books in Spanish for Children: www.csusm.edu/csbs
Center for Cultural Fluency: www.msmc.la.edu/ccf/IR.gradesk-3.html
Center for New Discoveries in Learning: www.howtolearn.com
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Children's Music in the United Kingdom: www.childrensmusic.co.uk
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CyberDance - Ballet on the Net: www.cyberdance.org
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Disney: www.disney.go.com
Getty's Art Education Website: www.getty.edu/education
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Handspeak: A Sign Language Dictionary Online: www.handspeak.com
Houghton Mifflin's Education Place: www.eduplace.com
Incredible Art Department: www.artswire.org
KidBiz: www.kidbiz.com
KIDiddles: www.kididdles.com
KidzPage: www.veeceet.com
KidzSing Garden of Songs: www.gardenofsong.com
Legends and Lore -The Puppets Everything Place: www.legendsandlore.com
Mama Lisa's World: www.mamalisa.com
National Art Education Association: www.naea-reston.org
National Association for the Education of Young Children: www.naeyc.org
National Theatre of the Deaf: www.ntd.org
PBS: www.pbskids.org/totstv/english/puppets.html
Puppeteers of America: www.puppeteers.org
Sagecraft Productions - The Puppetry Home Page: www.sagecraft.com/puppetry
Scholastic Books: www.scholastic.com
Smithsonian Institute Folk Music: www.si.edu/folkways
Spanish Booksellers: www.spanishbooksellers.com

Organizations

Children's Music Network

P.O. Box 1341

Evanston, IL 60204-1341

Phone: (847) 733-8003

e-mail: office@cmnonline.org

Website: www.cmnonline.org

Newsletter: "Pass It On"

The Council for Exceptional Children

1110 North Glebe Road, Suite 300

Arlington, VA 22201-5704

Phone: (888) CEC-SPED Fax: (703) 264-9494

TTY: (703) 264-9446

Website: www.cec.sped.org

Early Childhood Music and Movement Association

10691 Livingston Drive

Northglenn, CO 80234

Phone: (303) 457-8986

Website: www.ecmma.org

National Art Education Association

1916 Association Drive

Reston, VA 20191-1590

Phone: (703) 860-8000 Fax: (703) 860-2960

e-mail: naea@dgs.dgsys.com

Website: www.naea-reston.org

National Association for the Education of Young Children

1509 16th Street, NW

Washington, DC 20036-1426

Phone: (800) 424-2460 Fax: (202) 328-1846
Website: www.naeyc.org

NAEA/CEA Special Interest Group for Teachers of the Arts

c/o Dr. Beverly Gerber
Department of Special Education
Southern Connecticut State University
New Haven, CT 06515

Newsletter: "Learning Throught the Arts - A Newsletter for Special Education Teachers of the Arts"

National Education Association

1201 16th Street, NW
Washington, DC 20036
Phone: (202) 833-4000
Website: www.nea.org

Sources for Recorded Music

A Gentle Wind: Songs and Stories for Children

P.O. Box 3103, Albany, NY 12203
Phone: (800) FUN-SONG
e-mail: hello@gentlewind.com
Website: www.gentlewind.com

American Melody

P.O. Box 270, Guilford, CT 06437
Phone: (203) 457-0881 Fax: (203) 457-2085
e-mail: ammelody@earthlink.net
Website: www.americanmelody.com

Music Design

4650 North Port Washington Road, Milwaukee, WI 53212-1062
Phone: (800) 862-7232 Fax: (414) 961-8381

e-mail: order@musicdesign.com
Website: www.musicdesign.com

New Sound Music (a division of Allegro Corporation)
81 Demeritt Place, Waterbury, VT 05676
Phone: (800) 342-0295 Fax: (800) 495-7045
e-mail: sales@newsoundmusic.com
Website: www.allegro-music.com

Rounder Kids (a division of Rounder Records Corporation)
P.O. Box 516, Montpelier, VT 05601
Phone: (800) 223-6357 Fax: (802) 223-5303
e-mail: buy@rounderkids.com
Website: www.rounder.com

Self-Produced Children's Singer/Songwriters:

Jim Gill
Phone: (708) 763-9864 Fax: (708) 763-9888
Website: www.jimgill.com

Kathy Lowe
Phone: (603) 526-6152
Website: www.woodshades.com/KathyLowe

Kim Wallach
Phone: (603) 827-5588
e-mail: kimwallach@monad.net

Purly Gates
Website: www.purlygates.com

